

Hurdle Heights for the Sunflower State Games

- All females, and all males 14 and under, will run 8.5 meter spacing (high school girls marks).
- All men 15 & over will run 9.3 meter spacing (high school boys marks).
- Girls 14 & younger, women 30 & over and boys 12 & under will run 30" height.
- 13/14 boys, and women ages 15-29 will run 33" heights.
- 15-18 year old boys will run 39".
- 19-29 men will run 42" height.
- 30-49 men will run 36" height.
- 50+ will run 33" height.