



Essay & Photovoice Contest

The Sunflower State Games invites Kansas elementary school students to participate in the HealthyKansas Essay & Photovoice Contest.

Topic: *Students are invited to submit a photo image of their favorite healthy meal and an essay describing why the photo depicts food that helps them live a healthy lifestyle.*

Criteria:

- ☀ The contest is open to Kansas first through sixth grade students.
- ☀ A full submission includes the attached entry form, one photo and a 100-150 word essay for Grades 1-3 and 150-300 word essay for Grades 4-6 (double spaced, 12 point type with one inch margins).
- ☀ Photos in digital formats are preferred but not required.
- ☀ Photos not taken by the student should include the photographer's name.

Winners:

- ☀ A winner from each age category will be selected by May 8, 2009.
- ☀ Winners will receive a Sunflower State Games Gold Medal and official t-shirt, a Barnes & Noble gift card, a \$50 Savings Bond, and the opportunity to read their winning essay and unveil their photo at the Sunflower State Games VIP Reception on July 9, 2008 in Topeka.
- ☀ An expanded gallery of Honorable Mention submissions will be on display at the VIP Reception as well; honorees will be notified.
- ☀ Winning entries will be selected by Sunflower State Games staff and the Secretary of the Kansas Department of Health & Environment.

Tips: Use the photograph and the essay to tell a story. For example, students might share stories and photos about helping prepare the meal, shopping for nutritious ingredients at the store, making smart choices at restaurants, or how the meal ties into their Daily 5 (servings of fruits and veggies).
Get creative and tell your story!

Submissions by mail and email will be accepted at any time up until April 3, 2009. No faxed *photo* submissions will be accepted.

Please send submissions to: Sunflower State Games
sunflowergames@sbcglobal.net
820 S. Kansas Avenue
Topeka, KS 666612
Phone: 785/235-2295
Fax: 785/235-1308





Essay & Photovoice Contest

Entry Form

Please print all information.

Student First and Last Name: _____

Guardian/Parent Name: _____

Mailing Address: _____

Zip Code: _____

Phone Number: _____

Email: _____

Age as of May 8, 2009: _____

2008-09 Grade Level: _____

Teacher's Name: _____

School Name and City: _____

Phone Number: _____

Name of the photographer: _____

Please attach this sheet to your essay and photo and submit by April 3, 2008 to:

sunflowergames@sbcglobal.net

OR

Sunflower State Games

820 S. Kansas

Topeka, KS 66612

By submitting an application and photo, youth and parents/guardians grant permission for the photo to be used by Sunflower State Games and HealthyKansas for promotional and educational purposes.

Questions? Please call 785/235-2295 for Mitch Gross with Sunflower State Games or 785/296-0461 for Mandy Cawby with HealthyKansas.